

Parsons Hill

September 2009

Burncoat

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All activities are held in the Unit Dayroom unless indicated otherwise	Outdoor activities Weather permitting	1 10:00 Wake Up Moves 11:00 Light Refreshments 11:30 Table Top Tasks 2:00 Game Center 3:00 Drinks 3:30 Yesterday's Songs 4:15 Number Match 6:00 PM Gathering	2 10:00 Coffee Social 10:30 Wed. Warm Up 11:30 Folding/Sorting 2:00 Active Games 3:00 Take a Break 3:30 Rosary 4:00 Word Games 6:00 Circle of Chat	3 10:00 Light & Lively 11:00 Rest & Refresh 11:30 Occupational Tasks 2:00 Lets Get Active 3:00 Afternoon Gathering 3:30 Music Fun 4:00 Picture Match 6:00 Get-Together	4 10:00 Fitness Fun 11:00 Break Time 11:30 Puzzles/Coloring 2:00 Floor Games 3:00 Snacks 3:30 Horseracing 4:15 Personal Pampering 6:00 Conversation Circle	5 10:00 Lets Get Physical 11:00 Refreshments 11:30 Individual Tasks 2:00 Physical Games 3:00 Afternoon Social 3:30 Making Music 4:15 Reminiscence 6:00 Friendly Gathering
6 10:00 Bodies in Motion 11:00 AM Refreshments 11:30 Busy Tasks 2:00 Sports Games 3:00 Beverages 3:30 Rhythm Band 4:15 Short Stories 6:00 Evening Gathering	7 10:00 Morning Movement 11:00 Drinks & Snack 11:30 Match It 2:00 Cooking Corner 3:00 Goody Time 3:30 Sing-A-Long 4:15 Skin So Soft 6:00 Friendly Circle Labor Day	8 10:00 Wake Up Moves 11:00 Light Refreshments 11:30 Table Top Tasks 2:00 Game Center 2:30 Catholic Service-M 3:00 Drinks 3:30 Yesterday's Songs 4:15 Number Match 6:00 PM Gathering	9 10:00 Coffee Social 10:30 Wed. Warm Up 11:30 Folding/Sorting 2:00 Active Games 3:00 Take a Break 3:30 Rosary 4:00 Word Games 6:00 Circle of Chat	10 10:00 Light & Lively 11:00 Rest & Refresh 11:30 Occupational Tasks 2:00 Ice Cream Social 3:00 Lets Get Active 4:00 Picture Match 6:00 Get-Together	11 10:00 Fitness Fun 11:00 Break Time 11:30 Puzzles/Coloring 2:00 Floor Games 3:00 Snacks 3:30 Horseracing 4:15 Personal Pampering 6:00 Conversation Circle Patriot Day	12 10:00 Lets Get Physical 11:00 Refreshments 11:30 Individual Tasks 2:00 Physical Games 3:00 Afternoon Social 3:30 Making Music 4:15 Reminiscence 6:00 Friendly Gathering
13 10:00 Bodies in Motion 11:00 AM Refreshments 11:30 Busy Tasks 2:00 Sports Games 3:00 Beverages 3:30 Rhythm Band 4:15 Short Stories 6:00 Evening Gathering	14 10:00 Morning Movement 11:00 Drinks & Snack 11:30 Match It 2:00 Cooking Corner 3:00 Goody Time 3:30 Entertainment 4:30 Skin So Soft 6:00 Friendly Circle	15 10:00 Wake Up Moves 11:00 Light Refreshments 11:30 Table Top Tasks 2:00 Game Center 3:00 Drinks 3:30 Yesterday's Songs 4:15 Number Match 6:00 PM Gathering	16 10:00 Coffee Social 10:30 Wed. Warm Up 11:30 Folding/Sorting 2:00 Active Games 3:00 Take a Break 3:30 Rosary 4:00 Word Games 6:00 Circle of Chat	17 10:00 Light & Lively 11:00 Rest & Refresh 11:30 Occupational Tasks 2:00 Birthday Party 3:00 Lets Get Active 4:00 Picture Match 6:00 Get-Together	18 10:00 Fitness Fun 11:00 Break Time 11:30 Puzzles/Coloring 12:00 Cookout 2:00 Floor Games 3:00 Snacks 3:30 Horseracing 4:15 Personal Pampering 6:00 Conversation Circle	19 10:00 Lets Get Physical 11:00 Refreshments 11:30 Individual Tasks 2:00 Physical Games 3:00 Afternoon Social 3:30 Making Music 4:15 Reminiscence 6:00 Friendly Gathering Rosh Hashanah begins at sundown
20 10:00 Bodies in Motion 11:00 AM Refreshments 11:30 Busy Tasks 2:00 Sports Games 3:00 Beverages 3:30 Rhythm Band 4:15 Short Stories 6:00 Evening Gathering Grandparent's Day	21 10:00 Morning Movement 11:00 Drinks & Snack 11:30 Match It 2:00 Cooking Corner 3:00 Goody Time 3:30 Sing-A-Long 4:15 Skin So Soft 6:00 Friendly Circle	22 10:00 Wake Up Moves 11:00 Light Refreshments 11:30 Table Top Tasks 2:00 Game Center 3:00 Drinks 3:30 Yesterday's Songs 4:15 Number Match 6:00 PM Gathering Autumn begins	23 10:00 Coffee Social 10:30 Wed. Warm Up 11:30 Folding/Sorting 2:00 Active Games 3:00 Take a Break 3:30 Rosary 4:00 Word Games 6:00 Circle of Chat	24 10:00 Light & Lively 11:00 Rest & Refresh 11:30 Occupational Tasks 2:00 Lets Get Active 3:00 Afternoon Gathering 3:30 Autumn Crafts 6:00 Get-Together	25 10:00 Fitness Fun 11:00 Break Time 11:30 Puzzles/Coloring 2:00 Floor Games 3:00 Snacks 3:30 Horseracing 4:15 Personal Pampering 6:00 Conversation Circle	26 10:00 Lets Get Physical 11:00 Refreshments 11:30 Individual Tasks 2:00 Physical Games 3:00 Afternoon Social 3:30 Making Music 4:15 Reminiscence 6:00 Friendly Gathering
27 10:00 Bodies in Motion 11:00 AM Refreshments 11:30 Busy Tasks 2:00 Sports Games 3:00 Beverages 3:30 Rhythm Band 4:15 Short Stories 6:00 Evening Gathering	28 10:00 Morning Movement 11:00 Drinks & Snack 11:30 Match It 2:00 Cooking Corner 3:00 Goody Time 3:30 Sing-A-Long 4:15 Skin So Soft 6:00 Friendly Circle Yom Kippur begins at sundown	29 10:00 Wake Up Moves 10:30 Protestant Service-M 11:00 Light Refreshments 11:30 Table Top Tasks 2:00 Game Center 3:00 Drinks 3:30 Yesterday's Songs 4:15 Number Match 6:00 PM Gathering	30 10:00 Coffee Social 10:30 Wed. Warm Up 11:30 Folding/Sorting 2:00 Active Games 3:00 Take a Break 3:30 Rosary 4:00 Word Games 6:00 Circle of Chat	Hairdresser is available on Tuesdays and Thursdays	Strides in Sneakers Exercise Program Tuesdays and Thursdays 1:30-2:00 weather permitting	Key Code: M = Main South Dayroom