

## Parsons Hill

## October 2009

## Burncoat

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>All activities are held in the Unit Dayroom unless indicated otherwise</b></p> <p><b>Outdoor activities Weather permitting</b></p>	<p><b>Strides in Sneakers Exercise Program Tuesdays and Thursdays 1:30-2:00 weather permitting</b></p>	<p><b>Hairdresser is available on Tuesdays and Thursdays</b></p>	<p><b>Key Code:</b></p> <p><b>MS = Main South Dayroom</b></p>	<p>1</p> <p>10:00 Light &amp; Lively 11:00 Rest &amp; Refresh 11:30 Occupational Tasks 2:00 Lets Get Active 3:00 Afternoon Gathering 3:30 Music Fun 4:00 Picture Match 6:00 Get-Together</p>	<p>2</p> <p>10:00 Fitness Fun 11:00 Break Time 11:30 Puzzles/Coloring 2:00 Floor Games 3:00 Snacks 3:30 Horseracing 4:15 Personal Pampering 6:00 Conversation Circle</p>	<p>3</p> <p>10:00 Lets Get Physical 11:00 Refreshments 11:30 Individual Tasks 2:00 Physical Games 3:00 Afternoon Social 3:30 Making Music 4:15 Reminiscence 6:00 Friendly Gathering</p>
<p>4</p> <p>10:00 Bodies in Motion 11:00 AM Refreshments 11:30 Busy Tasks 2:00 Sports Games 3:00 Beverages 3:30 Rhythm Band 4:15 Short Stories 6:00 Evening Gathering</p>	<p>5</p> <p>10:00 Morning Movement 11:00 Drinks &amp; Snack 11:30 Match It 2:00 Cooking Corner 3:00 Goody Time 3:30 Sing-A-Long 4:15 Skin So Soft 6:00 Friendly Circle</p>	<p>6</p> <p>10:00 Wake Up Moves 11:00 Light Refreshments 11:30 Table Top Tasks 2:00 Game Center 3:00 Drinks 3:30 Yesterday's Songs 4:15 Number Match 6:00 PM Gathering</p>	<p>7</p> <p>10:00 Coffee Social 10:30 Wed. Warm Up 11:30 Folding/Sorting 2:00 Active Games 3:00 Take a Break 3:30 Rosary 4:00 Word Games 6:00 Circle of Chat</p>	<p>8</p> <p>10:00 Light &amp; Lively 11:00 Rest &amp; Refresh 11:30 Occupational Tasks <b>2:00 Tea Social</b> 3:00 Lets Get Active 4:00 Picture Match 6:00 Get-Together</p>	<p>9</p> <p>10:00 Fitness Fun 11:00 Break Time 11:30 Puzzles/Coloring 2:00 Floor Games 3:00 Snacks 3:30 Horseracing 4:15 Personal Pampering 6:00 Conversation Circle</p>	<p>10</p> <p>10:00 Lets Get Physical 11:00 Refreshments 11:30 Individual Tasks 2:00 Physical Games 3:00 Afternoon Social 3:30 Making Music 4:15 Reminiscence 6:00 Friendly Gathering</p>
<p>11</p> <p>10:00 Bodies in Motion 11:00 AM Refreshments 11:30 Busy Tasks 2:00 Sports Games 3:00 Beverages 3:30 Rhythm Band 4:15 Short Stories 6:00 Evening Gathering</p>	<p>12</p> <p>10:00 Morning Movement 11:00 Drinks &amp; Snack 11:30 Match It 2:00 Cooking Corner 3:00 Goody Time 3:30 Sing-A-Long 4:15 Skin So Soft 6:00 Friendly Circle</p> <p><b>Columbus Day</b></p>	<p>13</p> <p>10:00 Wake Up Moves 11:00 Light Refreshments 11:30 Table Top Tasks 2:00 Game Center <b>2:30 Catholic Service-M</b> 3:00 Drinks 3:30 Yesterday's Songs 4:15 Number Match 6:00 PM Gathering</p>	<p>14</p> <p>10:00 Coffee Social 10:30 Wed. Warm Up 11:30 Folding/Sorting 2:00 Active Games 3:00 Take a Break 3:30 Rosary 4:00 Word Games 6:00 Circle of Chat</p>	<p>15</p> <p>10:00 Light &amp; Lively 11:00 Rest &amp; Refresh 11:30 Occupational Tasks <b>2:00 Birthday Party</b> 3:00 Lets Get Active 4:00 Picture Match 6:00 Get-Together</p>	<p>16</p> <p>10:00 Fitness Fun 11:00 Break Time 11:30 Puzzles/Coloring 2:00 Floor Games 3:00 Snacks 3:30 Horseracing 4:15 Personal Pampering 6:00 Conversation Circle</p>	<p>17</p> <p>10:00 Lets Get Physical 11:00 Refreshments 11:30 Individual Tasks 2:00 Physical Games 3:00 Afternoon Social 3:30 Making Music 4:15 Reminiscence 6:00 Friendly Gathering</p>
<p>18</p> <p>10:00 Bodies in Motion 11:00 AM Refreshments 11:30 Busy Tasks 2:00 Sports Games 3:00 Beverages 3:30 Rhythm Band 4:15 Short Stories 6:00 Evening Gathering</p>	<p>19</p> <p>10:00 Morning Movement 11:00 Drinks &amp; Snack 11:30 Match It 2:00 Cooking Corner 3:00 Goody Time 3:30 Sing-A-Long 4:15 Skin So Soft 6:00 Friendly Circle</p>	<p>20</p> <p>10:00 Wake Up Moves 11:00 Light Refreshments 11:30 Table Top Tasks 2:00 Game Center 3:00 Drinks 3:30 Yesterday's Songs 4:15 Number Match 6:00 PM Gathering</p>	<p>21</p> <p>10:00 Coffee Social 10:30 Wed. Warm Up 11:30 Folding/Sorting 2:00 Active Games 3:00 Take a Break 3:30 Rosary 4:00 Word Games 6:00 Circle of Chat</p>	<p>22</p> <p>10:00 Light &amp; Lively 11:00 Rest &amp; Refresh 11:30 Occupational Tasks 2:00 Lets Get Active 3:00 Afternoon Gathering <b>3:30 Autumn Crafts</b> 6:00 Get-Together</p>	<p>23</p> <p>10:00 Fitness Fun 11:00 Break Time 11:30 Puzzles/Coloring 2:00 Floor Games 3:00 Snacks 3:30 Horseracing 4:15 Personal Pampering 6:00 Conversation Circle</p>	<p>24</p> <p>10:00 Lets Get Physical 11:00 Refreshments 11:30 Individual Tasks 2:00 Physical Games 3:00 Afternoon Social 3:30 Making Music 4:15 Reminiscence 6:00 Friendly Gathering</p> <p><b>United Nations Day</b></p>
<p>25</p> <p>10:00 Bodies in Motion 11:00 AM Refreshments 11:30 Busy Tasks 2:00 Sports Games 3:00 Beverages 3:30 Rhythm Band 4:15 Short Stories 6:00 Evening Gathering</p>	<p>26</p> <p>10:00 Morning Movement 11:00 Drinks &amp; Snack 11:30 Match It 2:00 Cooking Corner 3:00 Goody Time 3:30 Sing-A-Long 4:15 Skin So Soft 6:00 Friendly Circle</p>	<p>27</p> <p>10:00 Wake Up Moves <b>10:30 Protestant Service-MS</b> 11:00 Light Refreshments 11:30 Table Top Tasks 2:00 Game Center 3:00 Drinks 3:30 Yesterday's Songs 4:15 Number Match 6:00 PM Gathering</p>	<p>28</p> <p>10:00 Coffee Social 10:30 Wed. Warm Up 11:30 Folding/Sorting 2:00 Active Games 3:00 Take a Break 3:30 Rosary 4:00 Word Games 6:00 Circle of Chat</p>	<p>29</p> <p>10:00 Light &amp; Lively 11:00 Rest &amp; Refresh 11:30 Occupational Tasks 2:00 Lets Get Active 3:00 Afternoon Gathering 3:30 Music Fun 4:00 Picture Match 6:00 Get-Together</p>	<p>30</p> <p>10:00 Fitness Fun 11:00 Break Time 11:30 Puzzles/Coloring <b>2:00 Halloween Party</b> 3:00 Floor Games 4:15 Personal Pampering 6:00 Conversation Circle</p>	<p>31</p> <p>10:00 Lets Get Physical 11:00 Refreshments 11:30 Individual Tasks 2:00 Physical Games 3:00 Afternoon Social 3:30 Making Music 4:15 Reminiscence 6:00 Friendly Gathering</p> <p><b>Halloween</b></p>